

Passion Center Suggested Packing List

Clothing (Females)

- 3 - 5 sets of clothes
- ✓ Skirts (full length and mid-calf)
- ✓ T-shirts

Clothing (Males):

- 3 - 5 sets of clothes
 - ✓ Pants
 - ✓ T-shirts
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- ✓ 1 set of clothes for church (Men button-down shirt and slacks, Women- dress or skirt and blouse)
 - ✓ 1 casual outfit (For safari)
 - ✓ Light jacket, sweatshirt, sweater
 - ✓ Comfortable walking shoes
 - ✓ Hat
 - ✓ Sunglasses
 - ✓ Hand sanitizer
 - ✓ Cold medicine
 - ✓ Cough drops
 - ✓ Vitamin C
 - ✓ Wipes
 - ✓ Deet/Bug Repellent
 - ✓ Sunblock
 - ✓ First Aid Items

- ✓ Universal Adapter/ Converter
- ✓ Anti-diarrheal medication
- ✓ Tylenol/Advil
- ✓ Bath/ face towels
- ✓ Toiletries
- ✓ Shower shoes
- ✓ Bible/journal
- ✓ Flashlight
- ✓ Books
- ✓ Coffee/Tea
- ✓ Camera
- ✓ Earplugs
- ✓ Small bag/backpack

Carry on Items (follow guidelines for carry-on luggage)

- ✓ 1 set of clothing
- ✓ Small blanket
- ✓ Small/neck pillow
- ✓ Compression socks
- ✓ Phone and Electronic Chargers
- ✓ Passport
- ✓ Immunization Records
- ✓ Snacks
- ✓ Cash (for souvenirs, gifts, snacks)
- ✓ Headphones
- ✓ Re-fillable Water Bottle
- ✓ Travel toothbrush and toothpaste
- ✓ Malaria Medications
- ✓ Facial Tissue
- ✓ Nausea medication